	Peninsula Health Physiotherapy	UR NUMBER (PH to complete)					
	(THE) HIP AND KNEE QUESTIONNAIRE						
		GIVEN NAMES					
		DATE OF BIRTH Please fill in if no Patient Label available App.25/9/18 Print Code:17146					
	Instructions:		App.25/9/18 Print Code:17146				
PHF351610A	For the following questions, think about how your hip or knee has been affecting you over the <u>last 3 months</u> when taking your usual medication or using your usual aids (e.g., walking stick, frame or handrails). Please tick <u>one box</u> only for each question.						
	(for example, while sitting)?						
	None or mild pain						
	Moderate pain						
	Severe pain						
	Extremely severe pain						
	The pain is so severe that I cannot bear it						
	2. Do you have hip or knee pain when you first go to bed at night that stops you going to sleep? No or rarely						
	No or rarely						
	\Box I have pain that sometimes stops me going to sleep						
	I have pain that often stops me going						
	□ I have pain that stops me going to sleep most of the time						
	☐ I have pain that stops me going to sleep all the time						
	3. Do you have hip or knee pain that limits your walking?						
	My walking is not limited by hip or knee pain						
	L I can walk for at least 30 minutes before pain stops me						
	 I can walk for at least 30 minutes before pain stops me I can walk for about 10 to 15 minutes before pain stops me 						
	☐ I can only walk for a short time (such as walking from one room to another room)						
	I am not able to walk at all because of my hip or knee pain A Deep your bip or knee make it difficult for you to look after yourself						
	 I can walk for about 10 to 15 minutes before pain stops me I can only walk for a short time (such as walking from one room to another room) I am not able to walk at all because of my hip or knee pain 4. Does your hip or knee make it difficult for you to look after yourself (such as washing yourself, getting dressed, going to the toilet)? 						
	\square No, I can look after myself \rightarrow <u>Go to Question 6 (over the page)</u>						
	There are some things I cannot do for myself						
L	There are many things I cannot do for myself						
rinte	□ I cannot do most things for myself						
25/9/18 Print Code:17146 Page 1 of 3 LUW / GP Liaison / Printer	I cannot look after myself because of my hip or knee						
	5. Do you get enough help with looking after yourself (such as washing yourself, getting dressed, going to the toilet)?						
	☐ I get as much help as I need	,					
LUW	Most of the time I get enough help						
1 of 3	Some of the time I get enough help						
age 1	I rarely get enough help						
17146 P.	I do not get enough help with looking	after myself	A Victorian				
Code:	Please answer the questions over	the page THE UNIVER MELBOO					
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	Devine de Lleelth								
	Peninsula Health Physiotherapy	UR NUMBER (PH to complete)							
	(THE) HIP AND KNEE	GIVEN NAMES							
	QUESTIONNAIRE cont.	DATE OF BIRTH							
	Please fill in if no Patient Label available 6. Does your hip or knee affect your enjoyment of life?								
=									
Ξ	No, or only a little ✓ □ It makes it madenataly difficult for makes an inverse life								
		oderately difficult for me to enjoy my life							
	It makes it very difficult for me to								
	 It makes it moderately difficult for me to enjoy my life It makes it very difficult for me to enjoy my life It makes it extremely difficult for me to enjoy my life It makes it extremely difficult for me to enjoy my life It makes it extremely difficult for me to enjoy my life It makes it extremely difficult for me to enjoy my life It makes it extremely difficult for me to enjoy my life It makes it extremely difficult for me to enjoy my life It makes it extremely difficult for me to enjoy my life It makes it extremely difficult for me to enjoy my life It makes it extremely difficult for me to enjoy my life It makes it extremely difficult for me to enjoy my life It makes it extremely difficult for me to enjoy my life It cannot enjoy my life at all because of my hip or knee It cannot enjoy my life at all because of my hip or knee It cannot enjoy my life at all because of my hip or knee It cannot enjoy my life at all because of my hip or knee It cannot enjoy my life at all because difficulties with your relationships with peop It cannot enjoy end to be an an								
	Ξ_{\perp} 7. Does your hip or knee cause difficulties with your relationships with people Ξ_{\perp} close to you (such as wife, husband, children and close friends)?								
=	No, it does not cause difficulties with my relationships								
 It sometimes causes difficulties with my relationships It often causes difficulties with my relationships Most of the time it causes difficulties with my relationships 									
									auses difficulties with my relationships cult for your household (yourself, family and
								others) to manage financially?	cuit for your nousehold (yoursen, failing and
	\square No, it does not affect my household finances								
	☐ It makes it slightly difficult to manage financially								
	□ It makes it moderately difficult to manage financially								
	\square It makes it extremely difficult to manage financially								
	My household cannot manage financially at all because of my hip or knee								
	9. Have you been in <u>paid</u> work in the	, , , , , , , , , , , , , , , , , , ,							
	No								
	\Box Yes, my hip or knee does not make it	difficult for me to work							
	\Box Yes, but it is moderately difficult for m	to continue to work because of my hip or knee							
		tinue to work because of my hip or knee							
	\Box Yes, but I have had to stop work beca	use of my hip or knee							
	Yes, but working is difficult for me for other reasons								
	10. Do you need to look after people who <u>require your care</u> (such as a sick or								
er	disabled partner or family member)?								
Print	No								
3 LUW / GP Liaison / Printer	└── Yes, my hip or knee does not make it difficult for me to look after them								
Liais	\Box Yes, but it is moderately difficult for me to look after them because of my hip or knee								
/ GP	\Box Yes, but it is very difficult for me to look after them because of my hip or knee								
NN	\Box Yes, but I am unable to care for them because of my hip or knee								
\vec{r}_{e} Yes, but it is difficult for me to look after them for other reasons									
e 2 of	11. Overall, is your hip or knee problem different now compared with how it was								
Pag	<u>6 months ago?</u>								
6 months ago? It is better now It is about the same now It is a little worse now It is moderately worse now It is very much worse now Please answer the questions over the page									
de:1	L It is about the same now								
nt Co	☐ It is a little worse now								
3 Prir	☐ It is moderately worse now								
31/6/15	L It is very much worse now	Copyright © State of Victoria, Australia 2006. Reproduced with permission of the Victorian Minister for Health. Unauthorised reproduction and other uses comprised in the copyright are prohibited without permission.							
25	Please answer the questions over t	he page For further information contact the Department of Health at +61 3 9096 0000							

	(THE) HIP AND KNEE GIVE		R NUMBER (PH to complete)		
			GIVEN NAMES		
	QUESTIONNAIRE cont.	DATE OF Please fill	BIRTH in if no Patient Label avail	able	
	Some information about you		Today's date:		
-			18. Did you need help from another person to read and understand this questionnaire?:		
-	Other		Yes	Νο	
> -	13. Your name:		19. Would you prefer to read and complete this questionnaire in another language?:		
-			Yes	Νο	
	14. Your date of birth:///		Please tick the box next to your preferred language:		
	15. Your home address:		Arabic		
			Chinese		
			Croatian		
			English		
	Postcode:		Greek		
	16. Your postal address (if different from home address):		Italian		
			🗌 Macedonian	I	
			Maltese		
			Polish		
	Postcode:		Russian		
	17. Your gender? Please tick one:		☐ Spanish		
	🗌 Male 🗌 Female		Turkish		
			☐ Vietnamese		
			Other		
	Thank you for taking t	the tim	e to answer the	ese questions	
1/ 140		Ť.			
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	MELBOUR	INE in	itiative The Place To Be	Victorian Ministor for Haalth	
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